**Virtual Training & Course Recording Policy**

**Effective Date:** Upon receipt of purchase  
**Owner:** Practical Health Consulting, LLC

**1. Recording Policy**

To maintain the integrity and value of our training sessions, the following guidelines apply to all attendees:

* **Personal Recording is Not Allowed** – Participants are **not permitted** to record, reproduce, or distribute the training session in any form without prior written consent.
* **Intellectual Property Protection** – All training materials, including presentations, discussions, and shared resources, are the **exclusive property** of Practical Health Consulting, LLC and are **protected by copyright laws**.

**2. Licensing & Usage Rights**

* **Individual Use Only** – Any training materials, including slides, documents, or video/audio content, are for **personal educational use only**.
* **No Redistribution** – Participants may **not share, sell, or repurpose** the training content for commercial or educational use outside of this session.

**3. Violation & Consequences**

If a participant is found recording or distributing unauthorized content, the following actions may be taken:

* Immediate **removal from the session** without a refund.
* **Legal action** for copyright infringement if necessary.

By attending this training, you **agree to these terms**. For questions, contact [**info@prachealth101.com**](mailto:info@prachealth101.com).

Practical Health Consulting, LLC

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